

A valuable skill to have

JUJITSU

T&Th

Age 7-17

6-7pm

Age 18&up

7-8:30pm

\$30 per month



NV Way Recreation Bldg

\$25 annual insurance fee paid to the instructor

wear loose-fitting clothing

As one of the oldest martial arts, Jujitsu teaches non-aggression & non-violence for self-defense techniques. Builds coordination, flexibility, self-confidence & more. Courtesy, sportsmanship & teamwork are emphasized. An excellent fitness & health class. Instructor **MIKE CHUBB**, obtained his black belt in 1965 and has been teaching ever since.



**Boulder City Parks and Recreation Department
900 Arizona Street 293-9256**

Sign up now!