

# Community Fitness Center

801 Adams Blvd 702-476-0180

“Community” is not just part of our name; it is what our Fitness Center is all about. Approximately 90 of your friends & neighbors use the Community Fitness Center on any given day. Many friendships are created in our friendly, relaxed, & family-oriented facility. Most of our staff are volunteer workers, part of that wonderful community of helpful, involved, people who make Boulder City the special place it is. A membership has no conditions, contracts or further obligation. It’s only \$4 for an entire day of facility usage. If you are a regular user, you may wish to take advantage of our \$25 per month rate. There are also discounted rates for 3 & 6-month memberships, as well as for “couples” & “family” memberships. You only pay for what you want, how you want & only as long as you want.

Manager: Marcie Gibson

Age: 16+

(Younger persons can contact the manager for a case-by-case review for consideration)

## FEE SCHEDULE

Daily fee:\$4 Single

Wkly Fee:\$10 Single

1 mo fee:\$25 Single

\$40 Couple

\$55 Family of 3

\$75 Family of 4

\$90 Family of 5

3 mo fee: \$60 Single

\$100 Couple

\$140 Family of 3

\$185 Family of 4

\$230 Family of 5

6 mo fee: \$100 Single

\$170 Couple

\$255 Family of 3

\$340 Family of 4

\$425 Family of 5

**Personal Training \$40/session**

**Open: M-Th 5am-8pm**

**Fri 5am-7pm**

**Sat 7am-4pm**

**Sunday/Major holidays Closed**

## BENEFITS

~Friendly & family-oriented~

~Trained helpful staff~

~Full line of free weights~

~Exercise & cardio machines~

~Certified personal trainers~

RenewActive<sup>™</sup>  
by UnitedHealthcare



Boulder City Community Fitness Center is a **Tivity Health Silver Sneakers<sup>®</sup> Fitness and Renew Active by UnitedHealthCare provider.**

Call 702-476-0180 or stop by at 801 Adams Blvd for all the specific information.

## Personal Training

Personal training can be beneficial for elite athletes & those who have never exercised before. If you want to lose weight, improve your sports performance, or to be assured that you are truly improving your health in the most efficient manner, a personal trainer may be just what you need. A personal trainer can tailor a fitness program that takes your current physical condition & fitness goals into consideration.

Mary Hinson is an American Council on Exercise (ACE) Certified Personal Trainer. She has a passion for the outdoors and fitness and believes the first step towards improving health and fitness is an active lifestyle. Young or old, Mary’s programs are geared toward improving overall health and fitness through a balanced approach of activities designed to get you up and moving.

Call to get more information regarding our personal training services or to make an appointment with a Community Fitness Center trainer, simply visit your Community Fitness Center @ 801 Adams Blvd. 702-476-0180.