

Pilates

Improve Balance Strengthen Core Increased Confidence



TUESDAY & THURSDAYS
9:00AM-10:00AM

DWP

600 NEVADA WAY
BOULDER CITY

LYNN ST PIERRE
702-862-6558

LINNY6558@GMAIL.COM
TEXT FOR MORE INFORMATION

TO REGISTER:
[HTTPS://BCREC.RECDESK.COM/COMMUNITY/HOME](https://bcrec.recdesk.com/community/home)
OR SCAN QR CODE



Boulder City Parks & Recreation
900 Arizona St 702-293-9256

