



# GROOVE

## WITH GOLDIE

**Come Dance and Groove with Goldie.**

**Goldie's goal is to provide welcoming classes that encourage full body movements, fun, and friendships while getting fit. She combines dance with fitness so you don't even know you are working out. Throw in some weights and it is a full workout.**

**Monday 6-7pm**

**Tuesdays 10:30-11:30am**

**DWP - 600 Nevada Way**

**No Class: 9/1, 11/11, 1/19, 2/16**



**Boulder City Parks & Recreation  
900 Arizona St 702-293-9256**

