

ALL-LEVEL OPEN GYMNASTICS



Instructor Miss Mindy Holley has taught the preschool level for the City of Henderson, is a former recreational gymnast & has been teaching beginner/intermediate gymnastics classes since 2016.



This class is designed for all level gymnasts (6-14yrs) to utilize the gymnastics room for practicing and perfecting gymnastics, putting focus on flexibility and building up core strength!

If you are a beginner, gymnasts will learn basic movements/techniques. If you are advanced, gymnasts can practice movements/techniques mastered and will be assisted as needed. Please ensure all gymnasts are in proper fitted clothing & bring water bottles to all classes.

TUESDAYS 5PM-6PM

AUGUST
\$25 MONTHLY
NO CLASS 8/5

\$12 DROP IN

SEPTEMBER
\$33 MONTHLY
NO CLASS 9/2

OCTOBER
\$33 MONTHLY

NOVEMBER
\$17 MONTHLY
NO CLASS 11/11
11/25

DECEMBER
\$25 MONTHLY
NO CLASS 12/23
12/30

JANUARY
\$33 MONTHLY

FEBRUARY
\$33 MONTHLY

THURSDAYS 5PM-6PM

AUGUST
\$17 MONTHLY
NO CLASS 8/7
8/14

\$12 DROP IN

SEPTEMBER
\$33 MONTHLY

OCTOBER
\$17 MONTHLY
NO CLASS 10/2
10/16; 10/30

NOVEMBER
\$25 MONTHLY
NO CLASS 11/27

DECEMBER
\$25 MONTHLY
NO CLASS 12/25

JANUARY
\$33 MONTHLY
NO CLASS 1/1

FEBRUARY
\$25 MONTHLY
NO CLASS 2/19



BOULDER CITY PARKS & RECREATION

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Registration online

<https://bcrec.recdesk.com>

