

Feeling good with

# LEARN 2 STRETCH



**\$18 individual & \$28 couple per month**  
**Mon, Wed & Fri 7:45-8:45am**  
**55+ & physically challenged**  
**Recreation Center Gym**

**LEARN 2 STRETCH CLASS** is a low-impact workout based on individual abilities & potential.  
Enjoy visiting & exercising with others.  
Instructor: **Marcie Gibson, Fitness Center Manager**



Boulder City Parks and Recreation Department  
900 Arizona Street 702-293-9256

**Sign up now!**