



Boulder City Parks and Recreation Department Presents:

Preschool Swim Lessons

Fall – Spring Class Times

Level 1

Ages: 4-5 years old
Fee: \$36.00 per month/average fee

Monday & Wednesday
5:00–5:30pm

*Must be 3 years or older on start date

Introduction to basic aquatic skills, which participants continue to build on as they progress through Learn-to-Swim. In addition, participants start developing positive attitudes, effective swimming habits and safe practices in and around the water. Learn-to-Swim Level 1 skills overlap with the Preschool Aquatics Level 1 and 2 skills.

 American Red Cross



Level 2

Age: 4-5 years old
Fee: \$36.00 per month/ average fee

Monday & Wednesday
5:30–6:00pm

*Graduate of Preschool Level 1 or evaluation

The objective is to give participants success with fundamental skills. Many of the skills taught in this level are the same skills taught in Preschool Aquatics Level 3. This level marks the beginning of true locomotion skills. Participants learn to glide and float without support and recover to a vertical position. Participants further develop simultaneous and alternating arm and leg actions on the front and back, laying the foundation for future strokes. New water safety topics are introduced and previously acquired water safety knowledge and skills are reinforced.

Level 3

Age: 4-5 years old
Fee: \$36.00 per month/average fee

Tuesday and Thursday
5:00-5:30pm

*Graduate of Preschool Level 2 or evaluation

The objectives are to expand proficiency of previously learned skills by providing additional guided practice. Participants learn and practice survival floating and learn to swim front crawl and elementary backstroke at rudimentary proficiency levels. As in all levels, new and previously addressed water safety topics are included. Participants who successfully complete Level 3 have achieved basic water competency in a pool environment.

Additional information regarding American Red Cross Learn-to-Swim classes can be found at www.redcross.org

Each class has a maximum and minimum enrollment level in order to maintain an appropriate instructor-to-student ratio. Once a class is full, those still interested in the class can ask to be placed on a wait list (without paying) and will be notified if a space becomes available.