

In It Together SNV

Ways to Help Us Stay Strong & Weather COVID-19 Together

 www.InItTogetherSNV.com



Stay home for Nevada. Without a vaccine, limiting your contact with others even if you feel healthy slows down the spread of the disease.



Practice good hygiene. Wash your hands, cover your coughs and sneezes; and disinfect frequently-touched items like your cell phone and door knobs.



Don't go to a hospital unless it's an emergency – call your doctor first.



Maintain social distance with kindness. Be courteous to the store clerks, delivery drivers, and fellow residents you meet. Wear a face mask in public places where it's hard to maintain a 6-foot social distance.



Send a thank you note to healthcare workers and first responders.



Support our local businesses. Order takeout from a restaurant, or shop for a friend, relative or neighbor.



Donate your time, money, talents or needed supplies to a local non-profit helping vulnerable families, seniors and the unemployed.



Check on a neighbor or call someone who lives alone.



Visit the Nevada Department of Education's website for family resources in English and Spanish to make learning fun at home: <http://www.doe.nv.gov/>. Suggestions include involving children in meal preps, creative storytelling, scavenger hunts and taking virtual tours of museums around the world.



Don't flush wipes down the drain – they are causing clogged pipes at homes and our local wastewater treatment facilities.



Wear blue in support of our healthcare workers, first responders and everyone on the front lines of our fight against coronavirus. #VegasGoesBlue



Fill out your 2020 Census form. It's important for every household in Nevada to be counted in the U.S. Census. Learn more: <https://www.southernnevadacounts.com/>.